



This assessment is for determining your experience in the below outlined clinical areas. This checklist will not be used as a determining factor in accepting your application to become an employee of Freedom HCS.

**PROFICIENCY SCALE**

1. No Experience      2. Need Training  
 3. Able to perform with supervision      4. Able to perform independently

Proficiency Scale	1	2	3	4	Proficiency Scale	1	2	3	4
<b>General Duties</b>					<b>Care of Psychiatric Disorders</b>				
Admit/Orient Involuntary Clients					Anxiety Disorders				
Admit/Orient Voluntary Clients					Bipolar Disorder				
Advance Directives					Catatonic Psychotic Disorder				
Ambulatory Cuffs					Delusional Disorders				
Assist Activities of Daily Living					Depression				
Assist with Personal Hygiene					Dissociative Identity Disorder				
Cultural Diversity					Hallucinations				
Discharge Clients					Obsessive/Compulsive Disorder				
Discharge Planning					Panic Attacks				
Documentation-Computer					Paranoid Psychotic Disorder				
Documentation-Written					Phobias				
Full Restraints					Schizophrenia				
HIPAA Regulations					Suicidal Ideation/Attempts				
Initial Interview									
Initial Screening Assessment					<b>Assist with Psychotherapy:</b>				
Isolation Techniques					Behavioral				
Mutli-Disciplinary Planning					Couple/Family				
Oxygen Administration					Group				
Participate in Interdisciplinary Team					Individual				
Patient Teaching									
Reassess/Update Plan of Care					<b>Personality Disorders:</b>				
Referral to Community Resources					Cluster A-Paranoid/Schizoid				
Supervise Unlicensed Personnel					Cluster B-Antisocial/Borderline				
Vital Signs					Cluster C-Anxious/Fearful				
Wrist Restraints									
					<b>Cognitive Disorders:</b>				
<b>Eating Disorders:</b>					Alzheimer's (Dementia)				
Anorexia Nervosa					Amnesic Disorders				
Bulimia Nervosa					Delirium				
Obesity					Dementia				
<b>Interventions/Therapies</b>									
Assultive Behavior									

Proficiency Scale	1	2	3	4	Proficiency Scale	1	2	3	4
Certified "Management of Assaultive Behavior"					<b>Substance-Related Disorders:</b>				
Crisis Intervention					ADHD				
Drug & Alcohol Education					Alcohol-Related				
Education or Vocational Training					Developmental/Autistic Disorders				
Teach Independent Living Skills					Drug-Related				
Therapeutic Communication					Mental Retardation				
Therapeutic Milieu					Post Traumatic Stress Disorder				
					Sexual Abuse/Assault				
<b>Assist with Alternative Therapies:</b>					Sexual Disorders				
Biofeedback					Somatoform Disorders (Pain etc.)				
ElectroConvulsive Therapy					Survivor of Abuse/Violence				
Expressive Therapy (Art, Movement)									
Guided Imagery					<b>Psychotropic Agents:</b>				
Massage Therapy					Antianxiety Agents				
Mediation					Anticholinergics/Antiparkinsons				
Recreational Therapy					Anticonvulsants				
Therapeutic Touch					Antidepressants/Mood Elevators				
					Antimanic Agents				
<b>Meds/IV Therapy</b>					Antipsychotic Agents				
Administer IM & SQ Meds					Hypnotics				
Administer PO Medications					Management of Med Side Effects				
Administer Topical Medications					Recognition of Med Side Effects				
Discontinue Peripheral IV's									
Pain Assessment/Management									

**Years of Experience**

**Continuum of Care Settings**

**Hospital Settings**

- Med-Psych Unit \_\_\_\_\_ years
- Transitional Care Hospital \_\_\_\_\_ years
- Freestanding Psych Hospital \_\_\_\_\_ years
- Community-Based Hospital \_\_\_\_\_ years
- Subacute Care Units \_\_\_\_\_ years
- Long-Term Care Facilities \_\_\_\_\_ years

**Community Mental Health Services**

- Emergency Clinic \_\_\_\_\_ years
- Day Treatment Programs \_\_\_\_\_ years
- Residential Programs \_\_\_\_\_ years
- Home Care \_\_\_\_\_ years
- Aftercare/Rehab Clinic \_\_\_\_\_ years
- Corrections/ Prison \_\_\_\_\_ years

**Age Specific Competency**

Able to ensure a safe and caring environment for the specific age groups indicated below; able to communicate and instruct patients from various age groups; able to evaluate age-appropriate behavior and skills.

<b>PROFICIENCY SCALE</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Newborn (birth-30 days)				
Infant (30 days-1 yrs)				
Toddler (1-3 yrs)				
Preschooler (3-5 yrs)				
School Age (5-12 yrs)				
Adolescents (12-18 yrs)				
Young Adults (18-39 yrs)				
Middle Adults (39-64 yrs)				
Older Adults (64 yrs +)				

The information represented above is true and correct to the best of my knowledge. I also authorize **Freedom** Healthcare Staffing to share the above skills checklist with its hospital clients.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Name (Printed) \_\_\_\_\_