



This assessment is for determining your experience in the below outlined clinical areas. This checklist will not be used as a determining factor in accepting your application to become an employee of Freedom HCS.

**PROFICIENCY SCALE**

1. No Experience      2. Need Training  
 3. Able to perform with supervision      4. Able to perform independently

Proficiency Scale	1	2	3	4	Proficiency Scale	1	2	3	4
<b>General Nursing</b>					<b>Conducting Psychotherapy:</b>				
Admin/Monitor Tube Feedings					Behavioral				
Admit/Orient Involuntary Clients					Couple/Family				
Admit/Orient Voluntary Clients					Group				
Advance Directives					Individual				
Ambulatory Cuffs									
Assist with Lumbar Puncture					<b>Care of Psychiatric Disorders</b>				
Case Manager					Anxiety Disorders				
Cultural Diversity					Bipolar Disorder				
Discharge Clients					Catatonic Psychotic Disorder				
Discharge Planning					Delusional Disorders				
Ethnic Awareness					Depression				
Forensic Nurse					Dissociative Identity Disorder				
Full Restraints					Hallucinations				
Initial Comprehensive Assessment					Obsessive/Compulsive Disorder				
Initial Focused Assessment					Panic Attacks				
Initial Screening Assessment					Paranoid Psychotic Disorder				
Initiate Care Plan					Phobias				
Insert/Care of Foley Catheter					Schizophrenia				
Isolation Techniques					Suicidal Ideation/Attempts				
Multi-Disciplinary Planning									
Oxygen Administration					<b>Personality Disorders:</b>				
Patient Teaching					Cluster A-Paranoid/Schizoid				
Reassessment/Update Care Plan					Cluster B-Antisocial/Borderline				
Supervise Unlicensed Personnel					Cluster C-Anxious/Fearful				
Vital Sign Monitoring									
Wrist Restraints					<b>Cognitive Disorders:</b>				
					Alzheimer's (Dementia)				
<b>Interventions/Therapies</b>					Amnesic Disorders				
Crisis Intervention					Delirium				
Drug & Alcohol Education					Dementia				
Education or Vocational Training									
ElectroConvulsive Therapy									

Proficiency Scale	1	2	3	4	Proficiency Scale	1	2	3	4
Therapeutic Communication					<b>Psychotropic Agents</b>				
Therapeutic Milieu					Antianxiety Agents				
					Anticholinergics/Antiparkinsons				
<b>Alternative Therapies:</b>					Anticonvulsants				
Biofeedback					Antidepressants/Mood Elevators				
Expressive Therapy (Art, Movement)					Antimanic Agents				
Guided Imagery					Antipsychotic Agents				
Massage Therapy					Aypnotics				
Mediation					Rapid Tranquilization				
Recreational Therapy									
Therapeutic Touch					<b>Meds Side Effects (Recognition/Management)</b>				
					Acute Dystonic Reactions				
<b>Substance-Related Disorders:</b>					Akathisia (Motor Restlessness)				
ADHD					Blurred Vision				
Alcohol-Related					Changes in Libido				
Developmental/Autistic Disorders					Constipation				
Drug-Related					Drowsiness				
Mental Retardation					Dry Mouth				
Post Traumatic Stress Disorder					Gastrointestinal Effects				
Sexual Abuse/Assault					Hyp/Hyperglycemia				
Sexual Disorders					Hypotension/Orthostatic				
Somatoform Disorders (Pain etc.)					Insomnia				
Survivor of Abuse/Violence					Neuroleptic Malignant Syndrome				
					Parkinsonism Symptoms				
<b>Meds/IV Therapy</b>					Tachycardia				
Administer PO Medications					Tardive Dyskinesia				
Administer NG/GT Meds					Urinary Retention				
Administer Rectal Medications					Weight Gain				
Administer IM & SQ Meds									
Peripheral IV Insertion					<b>Continuum of Care in Community Mental Health Services:</b>				
Administer IV Medications					Aftercare/Rehabilitation Clinics				
Use of Heparin/Saline Locks					Day-Treatment Programs				
Needle-less Systems					Emergency Clinic				
Care of Central Lines					Home Care				
Care of PICC Lines					Residential Programs				
Admin of Hyperalimentation									
Admin of Blood/Blood Products					<b>Continuum of Care in a Hospital Setting:</b>				
Infusion pumps					Community-Based Hospital				
Discontinue Peripheral IV's					Forensic Hospital				
Venipuncture Blood Draws					Freestanding Psych Hospital				

Proficiency Scale	1	2	3	4	Proficiency Scale	1	2	3	4
Pain Assessment/Management					Long-Term Care Facilities				
<b>Eating Disorders:</b>					Med-Psych unit				
Anorexia Nervosa					Subacute Care Units				
Bulimia Nervosa					Transitional Care Hospital				
Obesity									

**Age Specific Competency**

Able to ensure a safe and caring environment for the specific age groups indicated below; able to communicate and instruct patients from various age groups; able to evaluate age-appropriate behavior and skills.

PROFICIENCY SCALE	1	2	3	4
Newborn (birth-30 days)				
Infant (30 days-1 yrs)				
Toddler (1-3 yrs)				
Preschooler (3-5 yrs)				
School Age (5-12 yrs)				
Adolescents (12-18 yrs)				
Young Adults (18-39 yrs)				
Middle Adults (39-64 yrs)				
Older Adults (64 yrs +)				

The information represented above is true and correct to the best of my knowledge. I also authorize **Freedom** Healthcare Staffing to share the above skills checklist with its hospital clients.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Name (Printed) \_\_\_\_\_