



This assessment is for determining your experience in the below outlined clinical areas. This checklist will not be used as a determining factor in accepting your application to become an employee of Freedom HCS.

PROFICIENCY SCALE

1. No Experience 2. Need Training
 3. Able to perform with supervision 4. Able to perform independently

Proficiency Scale	1	2	3	4	Proficiency Scale	1	2	3	4
Meds/ IV Therapy					Bedside Clinical Testing:				
Administer IM & SQ Meds					Blood Glucose Monitoring				
Administer IV Medications					Urine Dipstick				
Administer PO Medications									
Mix IV Infusion w/ Additives					Ante/Intrapartum Care of:				
Needle-less Systems					Abruptio placenta				
Peripheral IV Insertion					Asthma				
Use of Heparin/ Saline Locks					Cardiac Disease				
					Cystitis				
Administer/Monitor IV Infusions:					Diabetes Mellitus				
Administer Blood					Hemorrhage				
Administer Blood Products					Infectious Disease				
Antibiotics					Malpresentations				
Discontinue Peripheral IV's					Multiple Gestation				
Draw Blood for Lab Studies					Oxytocin Challenge Test				
Heparin					Placenta Previa				
Labor Suppressants-Ritordine					Preeclampsia & Eclampsia				
Magnesium Sulfate Therapy					Pregnancy-Induced HTN				
Oxytocin Induction/Augmentation					Premature Labor				
Vital Sign Monitoring					Pyelonephritis				
					Rh Incompatabilities				
Pulse Oximetry:					Sickle Cell Disease				
Monitoring									
Setup					Interventions During Labor				
					Change Woman's Position PRN				
Intrapartum Phase					Coach Psycholprophylactic Breathing/ Relaxation				
Contraction Characteristics					Perineal Prep				
Determine Fetal Position					Provide Care & Monitor After Rupture of Membranes				
Doppler Ultrasound					Provide Physical Comfort Measures & Support				
Fetoscope					Support, Guide, Labor Coach PRN				
Status of Membranes									
					Aseptic Technique Relative to L & D				



Labor & Delivery Skills Checklist

Proficiency Scale	1	2	3	4	Proficiency Scale	1	2	3	4
External Monitor:					Circulate/Scrub for a Postpartum Tubal Ligation				
Abdominal ECG Transducer					Scrub for a Caesarean Section				
Assessment for Clonus					Setup a Caesarean Section Table				
Assessment for Deep Reflexes					Setup a Delivery Table				
Assessment for Edema									
Decelerations-Early, Late, Variable					Postpartum Phase				
Insert Straight/Foley Catheter					Apply Ice to Perineum				
Intake and Output					Assess Homan's Sign				
Internal Monitor					Bladder Distention				
Pelvimetry					C-Section Incision Care				
Phono					Episiotomy Care				
Tocotransducer					Fundus Consistency/Location				
Ultrasound					Initiate Fundal Massage PRN				
Variability/Reactivity					Insert Straight/Foley Catheter				
					Lochia				
Aseptic Tech. Relative to L & D Cont.					Manage Postpartum Pain				
Assist with an AROM Procedure					Postpartum Assessment				
Assist with Fetal Scalp Blood Sampling					Provide/Instruct Perineal Care				
Assist with Placement of Fetal Scalp									
Assist with Placement of Intrauterine cath					Initiate Post-Anesthesia Care:				
Electrodes for Internal Monitoring					Epidural				
Perform a Vaginal Exam					General				
					RhoGam Administration				
Interventions During Delivery					Rubella Vaccine				
Caesarean Section					Spinal				
Collect Cord Blood Samples									
Different ways of identifying an infant					Parent/Infant Bond				
Epidural Anesthesia Monitoring					Assist/Instruct Bottlefeeding				
Eye Prophylaxis					Assist/Instruct Breastfeeding				
Forceps Vaginal Delivery					Discharge Teaching				
General Anesthesia monitoring					Foster Parent/Infant Bonding				
Immediate Care of Infant Post-Birth									
Labor Room Delivery					Perform Cardiopulmonary Resuscitation:				
Local Infiltration (Preparation)					Adult (Assist w/ Intubation, Drugs, Defib)				
Physically Examine Newborn					Infant				
Spinal Anesthesia Monitoring									
Spontaneous Vaginal Delivery									

Age Specific Competency

Able to ensure a safe and caring environment for the specific age groups indicated below; able to communicate and instruct patients from various age groups; able to evaluate age-appropriate behavior and skills.

PROFICIENCY SCALE	1	2	3	4
Newborn (birth-30 days)				
Infant (30 days-1 yrs)				
Toddler (1-3 yrs)				
Preschooler (3-5 yrs)				
School Age (5-12 yrs)				
Adolescents (12-18 yrs)				
Young Adults (18-39 yrs)				
Middle Adults (39-64 yrs)				
Older Adults (64 yrs +)				

The information represented above is true and correct to the best of my knowledge. I also authorize **Freedom** Healthcare Staffing to share the above skills checklist with its hospital clients

Signature _____ Date _____

Name (Printed) _____