

This assessment is for determining your experience in the below outlined clinical areas. This checklist will not be used as a determining factor in accepting your application to become an employee of Freedom HCS.

PROFICIENCY SCALE

1. No Experience 2. Need Training
 3. Able to perform with supervision 4. Able to perform independently

Proficiency Scale	1	2	3	4	Proficiency Scale	1	2	3	4
Documentation					Activity				
Clinical Note					Repositioning				
					Walk with Assistance				
Personal Care					Walk with Supervision				
Total Bed Bath					Up in Chair				
Tub Bath					Dangle				
Shower					Walker				
Sponge Bath					Passive Range of Motion				
Sitz Bath					Active Range of Motion				
Hair Care					Transfer				
Shampoo					Hoyer Lift				
Nail and Foot Care					Assist with Exercise Program				
Skin Care					Other: (List)				
Perineal Care									
Oral Care									
Denture Care					Observation				
Shave					Temperature				
Assist With Dressing					Oral				
Other: (List)					Axillary				
					Tympanic				
					Rectal				
Elimination					Respiration				
Monitor Bowel Movements					Sitter				
Measure Output					Companion				
Bedpan									
Bedside Commode									
Assist to Bathroom									
Assist with Bowel Program									
Assist with Ostomy Change									
Empty Foley Catheter bag									
Empty Drainage Bag									
Other: (List)									

Age Specific Competency

Proficiency Scale	1	2	3	4
Newborn (birth- 30 days)				
Infant (30 days- 1 years)				
Toddler (1-3years)				
Preschooler (3-5 years)				
School Age (5-12 years)				
Adolescents (12-18 years)				
Young Adults (18-39 years)				
Middle Adults (39-64 years)				
Older Adults (64+ Years)				

The information represented above is true and correct to the best of my knowledge. I also authorize **Freedom** Healthcare Staffing to share the above skills checklist with its hospital clients.

Signature _____ Date _____

Name (Printed) _____